

Guide to Knife & Ax Throwing

Dieter Führer



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Knife and ax throwing are becoming increasingly popular athletic disciplines. Dieter, a successful competitive thrower and your personal guide, is an expert in a wide range of throwing methods, and offers plenty of tips from his own experience. The former decorated paratrooper and school teacher has engaged since youth with knives and knife throwing. Now, you will learn everything you need to know about throwing all forms of projectiles, from deceptively simple steel knives to hatchets and tomahawks. Also included is rare information on making suitable targets, selecting the correct devices, tossing from all distances and positions, as well as knife- and ax-throwing history. Based on the knowledge of several distinguished throwers from around the world, this book is perfect for rookies and those who prefer to learn on their own.



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