



# Lost in a Book: The Psychology of Reading for Pleasure

*Victor Nell*

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# Lost in a Book: The Psychology of Reading for Pleasure

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## **Lost in a Book: The Psychology of Reading for Pleasure** Victor Nell

"Over the past ten years I have talked with hundreds of . . . readers on two continents . . . They wonder whether the way they enjoy books is unique or shared by other readers; if they read inordinate quantities, or at exceptional speed; why they enjoy good literature as well as reading matter they know to be trash, and why they can be equally moved by both; why they reread old favorites with undiminished enjoyment; why reading in bed is so enjoyable, and why reading books seems to give a deeper pleasure than watching television or going to the theater; and, finally, whether they are escapists, or addicts, or otherwise maladjusted . . . [This book is] devoted to answering some (though not all) of the questions readers ask about their reading and the ways in which it soothes and captivates them." -from the Introduction

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