



# **Stock Market Crash Diet! a Guide to Alternative Asset Investing and Self Directed Retirement Plans**

*Phd Randall Rodenhouse*

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# Stock Market Crash Diet! a Guide to Alternative Asset Investing and Self Directed Retirement Plans

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## **Stock Market Crash Diet! a Guide to Alternative Asset Investing and Self Directed Retirement Plans**

Phd Randall Rodenhouse

Stock Market Crash Diet is all about reducing your "consumption" of the traditional assets like stocks, bonds and mutual funds and instead investing a portion of your retirement into alternative asset investments like real estate, notes, private lending, business, tax liens, gold, and other non-traditional assets. Why? Because the returns are consistently higher and more predictable. In this game-changing book you'll discover tax free investments that you never thought possible in a government sponsored retirement plan (like an IRA, 401k, SEP, SIMPLE ) and how you too can invest in these alternative assets. Stock Market Crash Diet provides a step-by-step explanation of the best tax free savings plans allowed by the government and summarizes the rules and regulations that are important to follow.

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