



# **Alkaline Electric Recipes From Ty's Conscious Kitchen: The Sebian Way Volume 3 Dessert Edition: 24 Recipes Including New Alkaline Electric Dessert Sweet Treats!**

*Tyrone Pendland II, Lynda D. Pendland, Jonathan T. Pendland*

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Alkaline Electric Recipes from Ty's Conscious Kitchen: The Sebian Way Vol. 3 Dessert Edition contains 24 recipes including new, never shared before sweet treats of Ty's and a few of his favorites. You will find Alkaline Electric Cake, Frosting, Brazil Nut Cheesecake, Donuts, Turnovers, Cookies and more! These are full of flavor, satisfying and of course created using only the electric ingredients found on Dr. Sebi's nutritional guide. Ty creates recipes using simple, easy to follow methods with non-hybrid, indigenous and alkaline whole foods. His dishes can easily replace many of the foods and condiments found in today's western diet. You can enjoy these recipes while transitioning to & maintaining a more alkaline based lifestyle, including alkaline vegan, according to Dr. Sebi's methodology. Ty has applied the same creativity to this special edition of desserts as he has to the more than 100 recipes he's shared, including Alkaline Electric versions of Ketchup, Barbecue Sauce, Salad Dressings and Orange Ginger Sauce. He is also known for his signature recipes including split avocado/tomato sauce Veggie Pizza, Chickpea Burger, Veggie Omelet, Vegan "Chicken" & Waffles & Jamaican Jerk Patties to name a few. Of course, as with all of Ty's recipes, he personally ensures each recipe "looks delicious & tastes delicious!" You can find Ty demonstrating step by step, how to easily create his alkaline dishes on his YouTube show 'Ty's Conscious Kitchen' where he covers more delicious Alkaline Electric recipes! Disclosure: At the time these recipes were prepared, all items used were approved and on Dr. Sebi's Nutritional Guide. This information is subject to change, at which time you may make substitutions using other items that remain on the list.

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**Gertrude Barrett:**

The book untitled Alkaline Electric Recipes From Ty's Conscious Kitchen: The Sebian Way Volume 3 Dessert Edition: 24 Recipes Including New Alkaline Electric Dessert Sweet Treats! contain a lot of information on the idea. The writer explains the woman idea with easy method. The language is very straightforward all the people, so do certainly not worry, you can easy to read that. The book was published by famous author. The author provides you in the new age of literary works. You can read this book because you can read on your smart phone, or program, so you can read the book throughout anywhere and anytime. In a situation you wish to purchase the e-book, you can open up their official web-site along with order it. Have a nice learn.

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