



## Twenty-Four Hours a Day the Little Red Book

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# Twenty-Four Hours a Day the Little Red Book

## Twenty-Four Hours a Day the Little Red Book

Two books in one easy to carry compact design! Since 1954, Twenty-Four Hours a Day has become a stable force in the recovery of many alcoholics throughout the world. With over nine million copies in print (the original text has been revised), this "little black book" offers daily thoughts, meditations, and prayers for living a clean and sober life. A spiritual resource with practical applications to fit our daily lives. The gift of spiritual discovery for nearly four decades. Hazelden's classic daily meditations book has guided millions of recovering people toward a deeper and more intimate connection with a Higher Power of their understanding. Whether you are new to recovery or searching out a deeper meaning of the Twelve Steps, Twenty-Four Hours a Day will help you discover the power of prayer and begin the creation of a solid, spiritual foundation. Featuring an inspirational thought, meditation, and prayer for each day of the year. Twenty-Four Hours a Day offers you encouragement, support and wisdom to help you continue your path to spiritual and personal growth. The Little Red Book is the original study guide to the Big Book, Alcoholics Anonymous. Filled with practical information for those first days of sober living. One of the most-used and best-loved study companions to the Big Book, Alcoholics Anonymous, this little book has yielded a huge following, having helped millions put the Twelve Steps to work in their daily lives. Originally designed as a collection of Twelve Step suggestions for AA beginners, The Little Red Book offers those new to recovery--and those seeking a deeper meaning in the Twelve Steps--advice on program work, sponsorship, spirituality, and much more. This fund of knowledge offers support, encouragement, and wisdom in the search for peace and contented sobriety.

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