



The Warrior Elite : The Forging of Seal Class 228

Dick Couch, Cliff Hollenbeck

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NAVY SEALS ARE THE TIP OF THE SPEAR.

They are able to strike without warning, anywhere, anytime. They come from under the sea, out of the air, and across the land. Their predecessors, the Navy frogmen, cleared the landing beaches during World War II, from Normandy to Okinawa. They led MacArthur's forces ashore at Inchon. In Vietnam, SEALs were the men with green faces who struck the Vietcong in their sanctuaries. Today they are deployed around the world -- ready, waiting, lethal.

What does it take to become a Navy SEAL? What makes talented, intelligent young men volunteer for physical punishment, cold water, and days without sleep? Why is the price of admission to this unique warrior culture so steep? In **The Warrior Elite**, former Navy SEAL Dick Couch documents the process that transforms young men into warriors. SEAL training is the longest, toughest, most relentless military training in the free world. It is the distillation of the human spirit, a tradition-bound ordeal that seeks to find men of character and courage, men with a burning desire to win at all costs, men who would rather die than quit.

The book follows the trainees of Class 228 as they struggle through the twenty-seven-week Basic Underwater Demolition/Seal (BUD/S) training course at the Navy Special Warfare Training Center in Coronado, California. Only one in five will be left standing at the end of this brutal ordeal, a rite of passage that is but one step in the long road to becoming a SEAL. Few men have the character or stamina that allows them to keep going while others give in to the pain and the cold. **The Warrior Elite** reveals who these men are, where they come from, and what makes them so special.

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From reader reviews:

David Pimentel:

The guide with title The Warrior Elite : The Forging of Seal Class 228 includes a lot of information that you can learn it. You can get a lot of profit after read this book. This book exist new expertise the information that exist in this e-book represented the condition of the world at this point. That is important to yo7u to find out how the improvement of the world. This kind of book will bring you within new era of the syndication. You can read the e-book with your smart phone, so you can read the item anywhere you want.

Chester Hassel:

Reading can called thoughts hangout, why? Because when you are reading a book especially book entitled The Warrior Elite : The Forging of Seal Class 228 your mind will drift away trough every dimension, wandering in every single aspect that maybe mysterious for but surely can be your mind friends. Imaging each word written in a book then become one contact form conclusion and explanation this maybe you never get before. The The Warrior Elite : The Forging of Seal Class 228 giving you one more experience more than blown away your brain but also giving you useful info for your better life in this era. So now let us teach you the relaxing pattern at this point is your body and mind is going to be pleased when you are finished looking at it, like winning an activity. Do you want to try this extraordinary shelling out spare time activity?

Martha Lockridge:

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Carl Johnson:

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