



# **EDINA: Energy Medicine from the Stars! Shamanism for the 21st Century and Beyond**

*Lois J. Wetzel*

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# EDINA: Energy Medicine from the Stars! Shamanism for the 21st Century and Beyond

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**EDINA: Energy Medicine from the Stars! Shamanism for the 21st Century and Beyond** Lois J. Wetzel  
This is the fascinating tale of how a modern day mystic was contacted by 12-Dimensional Starbeings from Sirius-B to bring to the Earth a new form of energy medicine. These Beings call themselves "The Ankenash, Healing Corps of the Ashtar Command, Sirius-B." The purpose for this energy medicine is to assist humanity with the ascension process so that we can ultimately inhabit our rainbow bodies. This healing technique therefore works directly upon the Lightbody, the effect of which then filters down to the physical body. EDINA, which stands for Energy Dynamics for the Integration of Natural Attributes, utilizes techniques lost after the High Period of Atlantis yet stored in various cultures over the globe in bits and pieces. EDINA energy medicine brings those pieces together into a cohesive whole, while adding new techniques never before seen on Earth. Finally, EDINA is a form of shamanism for the 21st Century and beyond. The book also teaches the reader how to actually practice this form of energy medicine without any further training, and gives further references at the end of the book.

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