



# Congenital Adrenal Hyperplasia: A Comprehensive Guide

*Peter C Hindmarsh, Kathy Geertsma*

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*Congenital Adrenal Hyperplasia: A Comprehensive Guide* addresses how hydrocortisone works, what can go wrong, and how to correct it, also explaining why the timing of doses and measurement of cortisol from a dose is extremely important.

The book provides an in-depth analysis of this disorder for pediatric endocrinologists and primary care providers, allowing them to help patients with an updated model of care and appropriate treatment.

Patients and family members will benefit from the trend-forward information that will empower them to approach their healthcare providers with the expectation of receiving individualized care and treatment for this disorder.

- Outlines the basics of congenital adrenal hyperplasia and its interrelation with hormones and bodily functions
- Presents the known cognitive and emotional aspects of the disease
- Reviews multidisciplinary management as well as post-treatment management of the disease

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