

Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Safari Illustrations, Color Burst)

Courtney Wegner



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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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Maria Gardner:

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Playing with family inside a park, coming to see the ocean world or hanging out with pals is thing that usually you could have done when you have spare time, subsequently why you don't try point that really opposite from that. 1 activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition associated with. Even you love Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Safari Illustrations, Color Burst), you may enjoy both. It is excellent combination right, you still need to miss it? What kind of hang-out type is it? Oh can happen its mind hangout guys. What? Still don't understand it, oh come on its identified as reading friends.

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