

## Adult Coloring Journal: Survivors of Incest Anonymous (Safari Illustrations, Tribal)

Courtney Wegner



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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.



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As people who live in the particular modest era should be revise about what going on or information even knowledge to make these keep up with the era which can be always change and make progress. Some of you maybe may update themselves by studying books. It is a good choice for you personally but the problems coming to you actually is you don't know what type you should start with. This Adult Coloring Journal: Survivors of Incest Anonymous (Safari Illustrations, Tribal) is our recommendation to help you keep up with the world. Why, since this book serves what you want and want in this era.

#### **Karen Lheureux:**

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#### Olivia Dickert:

The particular book Adult Coloring Journal: Survivors of Incest Anonymous (Safari Illustrations, Tribal) has a lot of knowledge on it. So when you make sure to read this book you can get a lot of advantage. The book was authored by the very famous author. Mcdougal makes some research ahead of write this book. This particular book very easy to read you can get the point easily after reading this article book.

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