



Three Buddhists Walked Into an AA Meeting ...and got sober.

Bill K.

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For the Buddhist and Buddhist inclined alcoholic who has a desire to stop drinking; this book offers ways to change lives for the better. "I don't believe in God, I'm a Buddhist. I don't think AA will work for me because it sounds too Christian. Hold hands and say the Lord's Prayer at the end of a meeting? No Thanks." Have you said things like this? Have you really given AA your best effort? Read how Buddhists can feel right at home in AA. In fact, bringing one's Buddhist practice to a 12-Step program fosters an outcome greater than the sum! Buddhism and Buddhists are not expressly mentioned in the First Edition of Alcoholics Anonymous for good reason; back then, in the late 1930s, there simply were not any Buddhists in AA to voice their input. But in the 1940s, an AA pamphlet was printed that suggested that the Eightfold Path could be substituted for the 12-Steps! Buddhist "scripture" did make it into early AA literature, just not into the book Alcoholics Anonymous. Today we know the underlying theme of Alcoholics Anonymous is entirely compatible with Buddhist philosophy. Let me and others show you how. A little curiosity could change your life. Bill K.

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