

Drug Addiction: The Kickstart Guide to Stop Drug Dependence

Lynne Parcell



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Drug addiction has taken hold of almost 35 percent of the American population, and that number is just growing. With effective treatment, recovery from drug addiction is possible, but it takes commitment and effort. A person doesn't become addicted to drugs overnight, and becoming drug-free won't happen overnight either. The good news is that a drug-free life is just around the corner – when you go looking for it! This book is intended for both the person who is addicted and for those who have a loved one with addiction. We'll look at the signs of a problem and address the various drugs that are most likely to cause dependence. Then, with the help of experts, we'll give you some strategies that you can try to get you back on the road to a drug-free life. Discover: • Things you need to know about drugs • How to save someone from drug addiction • Reasons why people get addicted to drugs • And more

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