

# **Spirituality in Nursing Practice: The Basics and Beyond**

Doreen, A., Dr., RN, MscN, MEd Westera



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Delivers a wealth of practical information for fulfilling the spiritual needs of all patients and their families

Written as a practical resource to teach nurses and nursing students, this text explores how to best address spiritual assessment and care. Spirituality, the search for meaning in life and connection to others, remains relevant to all patient interactions, and an essential component for nurses to integrate into their everyday practice. Using a multicultural and client-centered approach, chapters explore the concept of spirituality, and its relationship with religion and health to directly place spirituality in a nursing context. Reflection questions interspersed throughout encourage the reader to analyze their own experiences with spirituality within both professional and personal contexts and affirm how a nurse's own spirituality can influence her or his practice.

Practical exercises illustrate the importance of spirituality in nursing and provide tools and means to incorporate spirituality into clinical practice. Chapters use a flexible approach that can be adapted to a variety of contexts in nursing education and practice throughout North America and beyond, applicable for self-study, traditional courses, and on-line programs. They contain a wealth of pedagogical features including case studies, discussion questions, a comprehensive bibliography, and an extensive Instructor's Manual that provides additional direction for discussion and testing. Thirteen videos, developed by the author and available online, provide the perspectives of nursing and health care professionals, clients, and families to illustrate the main points of the text.

#### **Key Features:**

- Delivers a wealth of practical tools for incorporating spirituality into nursing
- Useful for self-study, on-campus courses, and online programs
- Contains a variety of pedagogical features including consistent format, discussion questions, reflective exercises, case studies, Instructors Manual
- Applicable to nursing education and practice in North American and beyond
- Promotes holistic nursing practice



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