



# In My Skin: A Memoir

*Kate Holden*

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## **In My Skin: A Memoir** Kate Holden

Called "Quite simply in a class of its own . . . the work of a stunningly talented writer who both graces and surpasses her material" (Guardian), this is the frank, harrowing, and true story of one young woman's descent into heroin addiction and prostitution and the long, arduous struggle to redeem her life that made her stronger. A shy, bookish college graduate from a solid middle-class home, Kate Holden was uncertain of her way in life. When she decided to try her first hit of heroin as a one-time adventure with friends, she did not anticipate that the drug would take over. She lost her job and apartment and stole from her family. Desperation drove her first to offer her body on the streets and then in high-class brothels, where she discovered hidden strengths as well as parts of herself that frightened her. With the acceptance and unyielding love of a family that never abandoned her, Kate Holden ultimately defeated the drug and left her netherworld behind.

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