



# Following the Yellow Brick Road: The Adult Child's Personal Journey Through Oz

*Joy Miller, Marianne Ripper*

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\*\*\*COURTESY OF TWOBEDS BOOKS\*\*\* This is not a fairy tale. FOLLOWING THE YELLOW BRICK ROAD: THE ADULT CHILD'S PERSONAL JOURNEY THROUGH OZ is written for Adult Children of Alcoholics who are seeking personal recovery. The information, however, is helpful for anybody who was raised in a family where there was turmoil. The 1939 classic movie THE WIZARD OF OZ has been used as an analogy to personal integration and recovery through comparison with Dorothy and her friends as they journey through Oz, following the yellow brick road to personal awareness. The step-by-step recovery process will identify your strengths and weaknesses through the entertaining analogies, illustrations and Progression and Recovery Charts that will help you on your own personal journey to self-knowledge and inner strength.



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