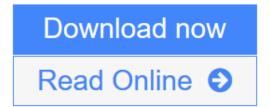


# Buddhism for Beginners: From Traditional to Modern Buddhism

Tara Branson



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**Buddhism for beginners** has never been explained so clearly; now you will easily understand everything that was unknown about Buddhism. Understanding Buddhist practices is not an easy thing to do, but now you have all the information in a single book, everything from traditional to modern Buddhism and theories. You have the opportunity to read not only theories, but valuable information that you can apply in the comfort of your own home.

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