

# Working with Violence and Confrontation Using Solution Focused Approaches: Creative Practice with Children, Young People and Adults

Judith Milner, Steve Myers



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An authoritative, interdisciplinary book which outlines how solution focused practice is particularly effective in addressing violent behaviour in clients and service users, encompassing work with both adults and children.

Solution focused approaches have been used successfully with a range of violent behaviours from school-based bullying to severe domestic violence, as well as with victims of violence. Solution focused approaches hold people accountable for building solutions to their violent behaviour. The book shows how to engage clients in solution talk as opposed to problem talk, set useful goals and help clients to develop new behaviours. It outlines the practice principles and working techniques that make up solution focused practice with physical, emotional and sexual violence. Illustrative case studies and practice activities are provided.

This book is suitable for anyone working to help reduce violent behaviour, including social workers, counsellors, therapists, nurses, probation workers and youth offending teams.



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