



# My Paris Market Cookbook: A Culinary Tour of French Flavors and Seasonal Recipes

*Emily Dilling*

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Based on Emily Dilling's popular blog, [parispaysanne.com](http://parispaysanne.com), *My Paris Market Cookbook: A Culinary Tour of French Flavors and Seasonal Recipes* takes readers on a tour of Paris's growing artisanal and craft food scene. Visits to markets with local farmers, coffee roasters, and craft brewers in the city offer insight into the exciting development of local food movements in the city of lights and its surrounding region. Complete with seasonal recipes inspired by local products, farmers, chefs, restaurants, and cafés, *My Paris Market Cookbook* brings the experience of shopping for, and cooking with, fresh locally grown products into readers' homes and kitchens.

A guide for a new generation of culinary travelers, *My Paris Market Cookbook* provides curious cooks and avid Francophiles with an unique itinerary for rediscovering the city, including tips on how to find the best off-the-beaten path natural wine bars, craft breweries, urban gardens, and farm-to-table cafés and restaurants. It's the perfect handbook for travelers, food lovers, or anyone visiting or living in France—and those of us who just want to cook and eat like we do!

Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. We've been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not every title we publish becomes a *New York Times* bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

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