



# Collecting Food, Cultivating People: Subsistence and Society in Central Africa (Yale Agrarian Studies Series)

*Kathryn M. de Luna*

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**Collecting Food, Cultivating People: Subsistence and Society in Central Africa (Yale Agrarian Studies Series) Kathryn M. de Luna**

**A rich analysis of the complex dynamic between food collection and food production in the farming societies of precolonial south central Africa**

Engaging new linguistic evidence and reinterpreting published archaeological evidence, this sweeping study explores the place of bushcraft and agriculture in the precolonial history of south central Africa across nearly three millennia. Contrary to popular conceptions that place farming at the heart of political and social change, political innovation in precolonial African farming societies was actually contingent on developments in hunting, fishing, and foraging, as de Luna reveals.

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